

January - April 2017

DAY DELEGATE BUFFET MENUS

MONDAY

Arrival coffee break

Mini croissants with butter and jam

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#### Mid-morning coffee break

Greek yoghurt pot with apple & blackberry compote and granola

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Lunch

Meat

Bavette steak with smoked tomato & onion chutney

Fish

Honey & lime glazed bream with baby gem, tomato, peppers and coriander

Vegetarian

Red pepper & goats' cheese tortellini with courgette, chilli, garlic and herbs

Side

Braised rice with buckwheat and herbs

Vegetarian salads

Cucumber, mango and black eyed bean

Panzanella – tomato, sweet & sour onions, bread and basil

Meat or fish salad

Potato, poached salmon, cucumber and sour cream

Desserts

Fruit 'bar' selection

Lemon posset with macerated raspberries

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#### Afternoon coffee break

Flapjacks with dried cranberries and raisins

If you have any dietary requirements or are concerned about food allergies, e.g nuts, you are invited to ask one of our team members for assistance.

## TUESDAY

### Arrival coffee break

Mini croissants with butter and jam

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Mid-morning coffee break

Mango & banana smoothie with fresh mango

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### Lunch

#### *Meat*

Roast chicken with white onion risotto, green beans, oregano & marjoram cream cheese

#### *Fish*

Herb-crusted hake with sweetcorn and sweet potato chowder

#### *Vegetarian*

Vegetarian moussaka

#### *Side*

Broccoli pesto with pasta

#### *Vegetarian salads*

Greek salad – tomato, cucumber, feta and olives

Grain salad - red quinoa, sweet potato, spring onion, sunflower seeds, spelt, walnut, roast pepper, lemon and extra virgin olive oil

#### *Meat or fish salad*

Selection of British salami with three chutneys – tomato, fig and onion

#### *Desserts*

English Brie with quince and crackers

Crème brûlée with shortbread

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Afternoon coffee break

Toffee & pecan loaf cake

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WEDNESDAY

Arrival coffee break

Mini croissants with butter and jam

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### Mid-morning coffee break

White chocolate and yoghurt dipped fruits

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Lunch

Meat

Slow braised lamb and mint shepherd's pie

Fish

Frito misto – prawns, squid and vegetables coated in semolina and fried with garlic mayonnaise

Vegetarian

Leek & Emmental ravioli with a leek cream sauce

Side

Cauliflower cheese

Vegetarian salads

Beetroot and goats' cheese with rocket and honey

Carrot and apple with sultana, coriander, radishes and toasted pumpkin seeds

Meat or fish salad

Smoked chicken with lentils, peppers and herbs

Desserts

Fruit 'bar' selection

Chocolate tart with fresh strawberries

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### Afternoon coffee break

Assorted ringed doughnuts

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## THURSDAY

### Arrival coffee break

Mini croissants with butter and jam

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Mid-morning coffee break

Mixed berry & kiwi smoothie

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### Lunch

#### *Meat*

Roast topside of beef with Yorkshires and horseradish cream

#### *Fish*

Baked salmon with celeriac purée, baby fennel, kale and dill

#### *Vegetarian*

Butternut squash, sage & blue cheese risotto

#### *Side*

Roast new potatoes with rosemary and thyme

#### *Vegetarian salads*

Rocket, Parmesan and sun-dried tomato

Classic Caesar

#### *Meat or fish salad*

Mustard dressed ham hock with pickles and piccalilli

#### *Desserts*

Caerphilly cheese with grapes and celery

Yoghurt mousse, pistachio cracker, fresh blueberries and mint

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Afternoon coffee break

Lemon & chocolate muffins

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FRIDAY

Arrival coffee break

Mini croissants with butter and jam

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### Mid-morning coffee break

Fruit skewers with fromage blanc

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Lunch

Meat

Chicken, pepper and oregano kebabs

Fish

Breaded cod fillet with mushy peas and lemon

Vegetarian

Aubergine parmigiana

Side

Chips

Vegetarian salads

Cucumber & mint tzatziki

Baby mozzarella with cherry tomato and basil

Meat or fish salad

Tuna Niçoise

Desserts

Fruit 'bar' selection

Baileys bread & butter pudding

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### Afternoon coffee break

Scones with clotted cream and jam

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